

Reminders

International Women in Engineering Day

International Women in Engineering Day (INWED) is celebrated on 23rd of June every year around the world. It's a day to honour and recognise the incredible contributions of women in the field of engineering.

This year's theme is #Enhancedbyengineering and aC~ 4=CAO; %70A< O`F 4`0A4`?A>D3`C>`2>D=C`O< >=6` >DA`Q;4=C43`C4Q<`CF`>`4G24?`C8=0;`4=68-44AB`ž 8-60` fIAD3I`@: `0=3`" 34;8-4` (OE0`) 74A 3432OC8= ` 4G? 4ACB4`0=3`8==>EOC8=?;OH`O`2AD2@;`A>;4`8` 03EO=28-6`>DA`<`BB8= `0=3`3A8-6`>DA`BD224BB

One of our engineers, Kinga, was kind enough to share her thoughts:



Q1. What inspired you to pursue a career in engineering, and what advice would you give women who are considering entering this field?

I was inspired to pursue a career in engineering due to a combination of my innate curiosity about how things work and a strong desire to solve complex problems. From a young age, I was fascinated by the mechanisms behind everyday objects and systems. Recognising this potential, my company supported and encouraged me, ultimately enabling me to complete my college education in engineering.

To women considering a career in engineering, my advice is to stay curious and persistent. The path can be challenging, but your unique perspectives and contributions are invaluable. Seek out mentors and build a support network of like-minded individuals. Embrace lifelong learning and don't be afraid to take risks or make mistakes; these are integral parts of growth and innovation. Lastly, believe in your abilities and the positive impact you can make in the world through engineering. Your presence in this field is not only important but also necessary for driving diversity and progress.

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Q2. Can you share a significant challenge you have faced in your engineering career and how you overcame it? How did this experience shape your approach to your work?

Due to the underrepresentation of women in the engineering field, I face challenges on a daily basis. However, I am committed to overcoming these obstacles with professionalism and dedication. Challenges significantly shape my approach to work by fostering resilience, adaptability, and continuous improvement. They compel me to develop, enhance my problem-solving skills, and maintain a proactive attitude. These experiences also strengthen my commitment to professionalism, ensuring that I handle difficulties with grace and determination. As a result, I am better equipped to navigate complex situations and contribute effectively to my team and organisation.

Women like Kinga and Adeline are vital to the engineering sector, bringing diverse perspectives and creative solutions to technical problems. Celebrating their contributions helps to inspire the next generation of women engineers and encourages a more inclusive and balanced workforce.

Please join us in celebrating **Kinga Grudziak** and **Adeline Sava!** Get your message across to them sending an email to: RyanDay@centralpharma.com



Thank you for reading!

If you have any content that you would like considered for future editions, please contact:

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